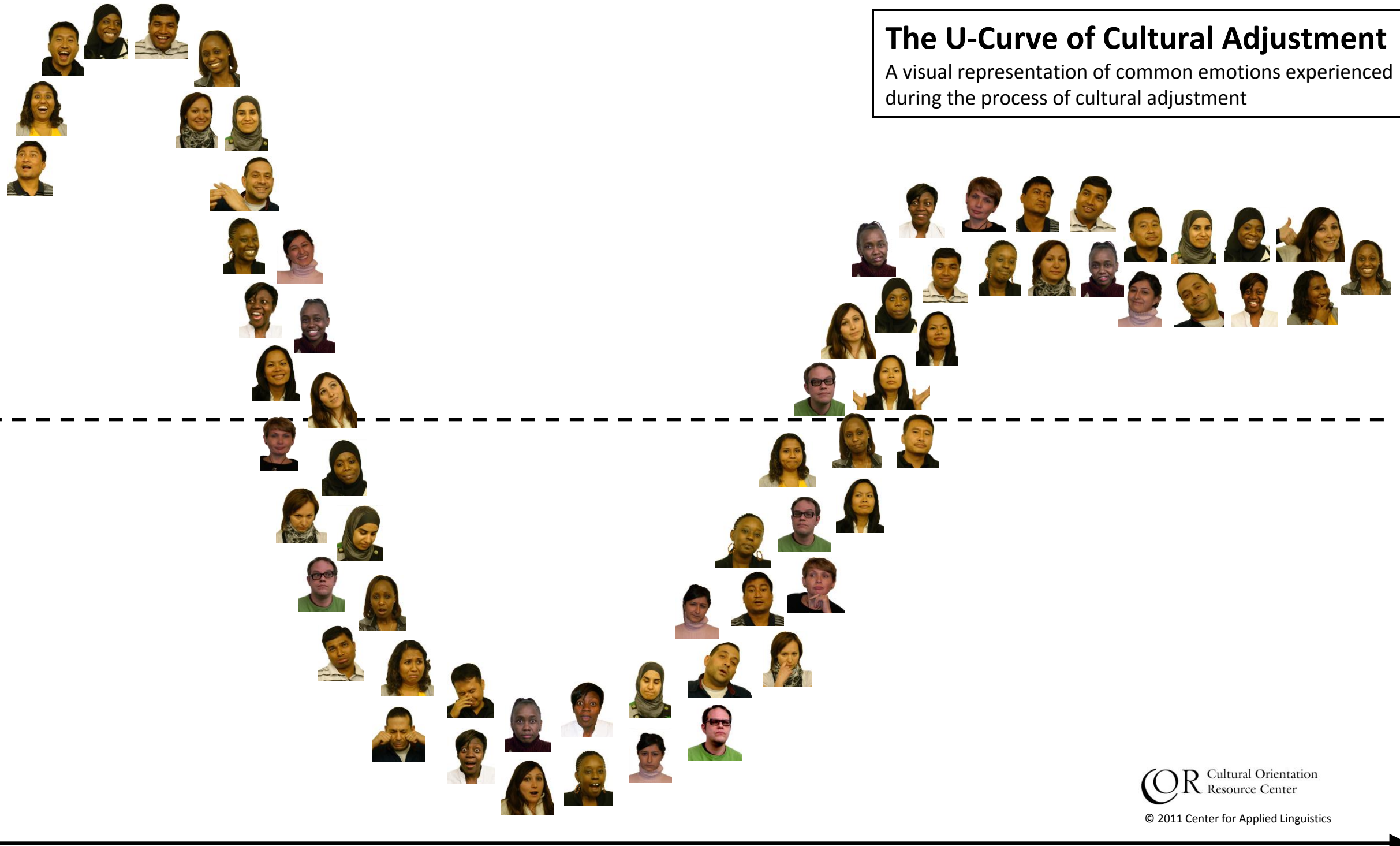


High

Level of Happiness

Low

The U-Curve of Cultural Adjustment
 A visual representation of common emotions experienced during the process of cultural adjustment



OR Cultural Orientation
 Resource Center

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Time in New Environment

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